

## **FAQ Breathe ILO Englisch**

### **General**

What is it?

A breath analysis device for fertility tracking

What does the product do?

Breathe ILO provides users with day-to-day insight into their fertility through daily breath measurements. Using real-time ovulation and historical symptom data, Breathe ILO guides users to understanding their body.

Who created it?

The founder of Breathe ILO: Prof. Wildt, a well know gynecologist and Dr. Ruether a talented technician

Why should we use it?

It is the easiest and most comfortabel way to identify the fertile days

How much does it cost?

€ 289

Where can we buy it?

On our Online Shop

What do we get when we order?

A handheld breath analysis device that works with a smartphone app

### **Product**

What features are available?

Breathe ILO device + smartphone app

What colors do you offer?

One version: white / raspberry red

What sizes do you offer?

One size

Is it comfortable / attractive / discreet?

It is the most comfortable way to identify the fertile days of women.

### **Technology**

What is the uniqueness of the technology?

The worlds first fertility tracker that works via breath analysis; it is the easiest way to identify the fertile days

What is the battery life? Hours of continuous use? How to charge?  
USB-C, once a month

What are the dimensions and weight?  
4.3 x 2.5 x 1.1 (h/w/d), 0.22 lb

How does it work?  
With simple breathing into the device for 60 seconds a day. The result is shown in the ILO smartphone app

What kind of sensors are you using?  
CO2 sensors

Will there be updates to it in the future?  
Yes the smartphone app will be updated with features

How does it integrate with other connected devices?  
Via Bluetooth

Is it waterproof?  
The device is spill resistant. The mouth piece is dishwasher safe

Where is it manufactured?  
It is developed and produced in Austria.

How long does a measurement take?  
Only 60 seconds per day

## **App**

Does it have an app? Which phones does it work with?  
It works with Android (from version 6) and iOS (from version 11)

When will the app be available?  
The app is available as soon as we deliver the first devices.

How does the device connect to the app?  
Via Bluetooth

What can we expect from the app?  
The app controls the device and shows a calendar with the fertile days. Also there is a cycle diary included where other cycle symptoms can be documented.

Will there be updates available through the app?

Yes the app will be updated on a regular basis and other features will be available.

## **Control**

How do I set it up?

The device will be paired with the user account through the registration process.

How do I turn it on and off?

There is an off an on button on the device.

How do I control it?

The app is operating the device.

What is the care and cleaning of it?

The device can be cleaned with a cloth.

Is it dishwasher safe / machine washable?

Yes, the mouth piece is dishwasher safe.

Does it have an expiry date?

No.

## **Technical Problems**

What if the App crashes?

Please switch off and on again

The app doesnt connect to the device?

Please control your Bluetooth and Mobile data/WIFI connection

The device doesnt react?

Please check if you have charged the Device.

## **Usability**

What are the recommend ages?

All women between 20 and 45 who would like to track their cycle to get pregnant or simple to get a better feeling for their body.

Where can I use it?

Where ever you would like.

Is it safe?

Yes, the device works non-invasive.

What certifications do you have?

CE and FC certification

How is my privacy protected?

The data is protected on our server provider. The data will not be shared with third parties

How secure is it?

The safety meets all standard data security requirements

Can someone watch or listen to me?

No.

Are there any risks associated with use?

No.

What is the accuracy?

Breathe ILO recognizes in average about 5 of 6 fertile days each cycle

Is there a limitation in the cycle length?

Breathe ILO is tested for cycle lengths between 24 and 35 days. Variations within this range are perfectly normal.

Can I use it for contraception?

No, Breathe ILO can not be used as a contraception method.

Is it working for women who have PCOS?

Breathe ILO is not tested for women with PCOS. But we are continuously working to improve the ILO system help also women with PCOS.

Does it work if you have asthma or other breathing issues?

No, unfortunately it does not work for women with breathing disease (eg. COPD).

What happens if a user misses a day?

The user can miss one day per cycle. Although it is not recommended for best results.

What is the success guarantee/rate?

There is no success guarantee in getting pregnant with neither method. However, if you have a child wish or want to know more about your cycle, this is the easiest method to life track everything going on in your cycle. Breathe ILO helps to identify the most fertile days. Studies show you're almost 40% more likely to get pregnant when intercourse is timed to match your fertility window after tracking your cycle.

Are there studies on this?

We are planning to release our own research paper in 2019, with test results of Breathe ILO device.

Are there studies on the method?

There are multiple studies published, that show that the CO2 partial pressure is linked to the female cycle. Here are three examples:

1) The biphasic pattern of end-expiratory carbon dioxide pressure:

[https://www.fertstert.org/article/S0015-0282\(07\)01432-X/fulltext](https://www.fertstert.org/article/S0015-0282(07)01432-X/fulltext)

2) Phasic menstrual cycle effects on the control of breathing in healthy women:

<https://europepmc.org/abstract/med/16542884>

3) Journal for Fertility and Reproduction (only in German available):

<https://www.kup.at/kup/pdf/1369.pdf>

## **Shipping**

Where does it ship?

USA and European Union

How much is shipping?

Shipping is included in the price

I'm interested in a distribution partnership.

Please send an email to [contact@breatheilo.com](mailto:contact@breatheilo.com)

Do I have to pay VAT / GST?

Yes

## **Warranty & Refund**

Is there a warranty?

Yes standard end user product conditions, depending on your country.

What is your refund policy?

Refunds are processed on a case-by-case basis

What is your return / exchange policy?

There is no refund.

How can I check the status of my pre-order?

We release updates on our Website.

If I have other questions, who should I contact?

Press: [press@breatheilo.com](mailto:press@breatheilo.com)

Investment Inquiries: [contact@breatheilo.com](mailto:contact@breatheilo.com)

Support: [support@breatheilo.com](mailto:support@breatheilo.com)

## **Versand**

Wohin kann es geliefert werden?  
Europäische Union

Wie hoch sind die Versandkosten?  
Der Versand ist inkludiert.

Ich bin interessiert am Vertrieb von Breathe ILO. An wen kann ich mich wenden?  
Bitte senden Sie ein E-Mail an [contact@breatheilo.com](mailto:contact@breatheilo.com)

Muss ich Steuern bezahlen?  
Ja

## **Garantie und Rückgabe**

Gibt es eine Garantie?  
Es gibt eine Standard Gewährleistung des Produkte. Diese richtet sich nach dem jeweiligen Empfängerland.

Wie ist das Rückgaberecht  
Die Rückgabe wird von Fall zu Fall individuell angeschaut.

Was sind die Rückgaberichtlinien.  
Es gibt keine Rückerstattung.

Wie kann ich den Status meiner Bestellung erfahren?  
Wir werden Updates bzgl der Produktion und Fertigstellung auf unserer Website veröffentlichen.

Ich habe andere Fragen. An wen kann ich mich wenden?  
Presse: [press@breatheilo.com](mailto:press@breatheilo.com)  
Investment Anfragen: [contact@breatheilo.com](mailto:contact@breatheilo.com)  
Unterstützung und Hilfe: [support@breatheilo.com](mailto:support@breatheilo.com)

